



THE LANESBOROUGH  
Club & Spa  
LONDON

Menu available  
from 6pm to 8.30pm

At The Lanesborough Club & Spa, we focus on healthy, simple, fresh food cooked in a way that protects the vital fragile nutrients, highlights the natural goodness and promotes optimal human nutrition

## STARTERS & SALADS

<b>HERITAGE BEETROOT SALAD (V)</b>	£24
Organic spelt, winter leaf, creamed cashew nuts (g,n)	
<b>HOT SMOKED SALMON SALAD ✓</b>	£27
New potatoes, fennel, peas, Ragstone goat cheese (f,d,m)	
<b>ASIAN SALAD</b>	£18
Carrots, spring onions, cucumber, pickled ginger, broccoli, chilli, cashew nuts, wasabi, sesame oil dressing (s,f,c,mo,s,n)	
With lemongrass chicken	£22
With tiger prawns	£24
With lemongrass chicken & tiger prawns	£28
<b>CHARRED BROCOLLI &amp; KALE SALAD ✓</b>	£24
Soft boiled duck egg, toasted hazelnut dressing (e,n)	
<b>CAESAR SALAD</b>	£25
Anchovies, parmesan, gluten-free croutons	
With chicken	£27
With prawns (e,f,sd,m)	£29
<b>BLACK RICE SALAD</b>	£10 / £16
Black risotto rice, char-grilled tenderstem broccoli, feta cheese, pomegranate seeds, beetroot dressing (d)	
<b>WHIPPED BURRATA ✓</b>	£21
Marinated tomatoes, black olive, fennel (d)	
<b>STARTER SELECTION FOR ONE OR TWO</b>	£15 / £30
Grilled halloumi, tzatziki, chickpea hummus, falafel, baba ghanoush served with cucumber, carrot, celery and cherry tomatoes (d,g,s)	

## MAIN COURSES

<b>LINE-CAUGHT SEA BASS</b>	£35
Glazed endive, parsnip puree, saffron (d,f)	
<b>GRILLED LAMB CHOPS</b>	£38
Roast garlic mash, pine nuts, capers, lemon dressing (d,n)	
<b>KING PRAWNS WITH SPICY PEPPER SAUCE</b>	£65
Grilled king prawns, tomato and mixed pepper sauce (e,g)	
<b>GRASS-FED USDA PRIME BEEF RIB-EYE STEAK, 300G</b>	£72
Served with a choice of a side dish and sauce (Bearnaise or peppercorn) (d)	
<b>CHICKEN BREAST</b>	£28
Steamed seasonal vegetables, lemon dressing (d)	
<b>TOASTED CHICKEN WRAP</b>	£20
Pitta bread with peppers, onion, mint, coriander, chicken breast and lemon dressing served with mixed salad (e,g)	

## SIDE DISHES

Charred Tenderstem Broccoli £8 | French Fries £8 | Truffled French Fries £12 | Sweet Potato Fries £8 | Sautéed Spinach £8

(V) vegan ✓ vegetarian (g) gluten (n) nuts (f) fish (d) dairy (m) mustard (s) sesame (c) crustacean (mo) molluscs (so) soya (e) egg (sd) sulphur dioxide

Should you have any dietary or allergen requirements, please do inform our team. All prices are inclusive of VAT. A discretionary service charge of 15% will be added to the bill.



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SWEETS

VANILLA CHEESECAKE & TEXTURES OF CLEMENTINE <i>(d,n,f)</i>	£15
COCONUT PANNA COTTA With tropical fruit passion fruit tuile <i>(g)</i>	£14
CHOCOLATE BROWNIE With hazelnut mousse and chocolate crèmeux <i>(e,f,d,n,so)</i>	£15
SELECTION OF CHEESES With pickled pears and figs, honey & crackers <i>(g,d,n)</i>	£28

TEA £6.50

THE LANESBOROUGH CLUB & SPA SIGNATURE TEA

Turmeric root, apples pieces, liquorice, rosehip, lemon verbena, black peppercorns, peppermint

BLACK

Lanesborough Breakfast - *Fragrant, dates, robust*  
Earl Grey Supreme - *Elegant, citrus, bergamot*  
Assam Dejoo - *Bold, smooth, slightly malty, roasted*

HERBAL TEAS

Beautiful Skin - *Elderflower, sweet, herbal, detoxifying*  
Aching Muscles - *Refreshing, ideal for aching or strained muscles*  
Healthy Immunity - *Rooibos, great immunity booster, vitamin C*  
Toxin Killer - *Wellness blend, detoxifying agents*

GREEN

Japanese Sencha Organic - *Vegetal, grassy, pine nuts, traditional*  
Moroccan Mint - *Refreshing, spicy, earthy, faintly smoky*

ORGANIC GREEN MATCHA

SPARKLING TEA with CBD £8

GIBSON'S GOODOLOGY

Pure Love - *Shiso tea and blueberry*  
Pure Harmony - *Jasmine tea and rhubarb*  
Pure Joy - *Green tea and passion fruit*

COFFEE & CHOCOLATE

ANY COFFEE	£6.50
DOUBLE ESPRESSO	£7
BULLET COFFEE	£7
PROFY <i>(protein shake with double espresso)</i>	£9
ICED TEA / ICED COFFEE	£7
VALRHONA HOT CHOCOLATE	£8

JUICES & SMOOTHIES £6.50

GREEN BOOSTER

Spinach, kale green apple, lime, cucumber, mint

PINK ROYAL

Banana, raspberry, cherry, rice milk, honey

IMMUNITY

Apple juice, banana, kiwi, strawberry, honey

EARLY RISER MORNING WORKOUT

Beetroot, orange, lemon, carrot

HEALTHY SHOTS

TURMERIC	£5
Anti-inflammatory, relieves pain, aids digestion, improves liver function	
GINGER	£5
Regulates sugar levels, cold and flu relief, pain reduction	
TURMERIC & GINGER	£7

CHAMPAGNE & WINES

CHAMPAGNE	Glass   Bottle
Moët & Chandon Brut Impérial NV	£19   £115
WHITE	
Ramon Bilbao, Albarino, Spain 2019	£12   £50
Cloudy Bay, Sauvignon Blanc, NZ 2020	£17   £72
ROSÉ	
Love by Leoube, Cinsault, France	£14   £59
RED	
Les Mougettes, Pinot Noir, France 2019	£11   £45
Peppoli, Chianti classico, Italy 2018	£15   £65

PROTEIN SHAKES £7.50 (V)

THE DAILY SUPERFOOD SHAKE

Vanilla - *Almond milk, banana, cashew butter*  
Mixed Berry - *Coconut water, mixed berries*  
Chocolate - *Coconut milk, avocado, dates*

ADD ONS £2 EACH

Nuts, oat, frozen berries, dates, banana, avocado

*Full of essential amino acids, vitamins, minerals, antioxidants and alkalisng properties that serve as a platform for daily well-being and vitality.  
Containing a blend of super-fit greens of spirulina, alfalfa and maca.*