



THE LANESBOROUGH  
Club & Spa  
LONDON

Menu available  
from 6pm to 8.30pm

At The Lanesborough Club & Spa, we focus on healthy, simple, fresh food cooked in a way that protects the vital fragile nutrients, highlights the natural goodness and promotes optimal human nutrition

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STARTERS & SALADS

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<b>CHARGRILLED FLATBREAD</b> 	£25
Smoked ricotta, dressed heirloom tomatoes, aubergine and pepper (g,d)	
<b>HOT SMOKED SALMON SALAD</b> 	£27
New potatoes, fennel, peas, Ragstone goat cheese (f,d,m)	
<b>ASIAN SALAD</b>	£18
Carrots, spring onions, cucumber, pickled ginger, broccoli, chilli, cashew nuts, wasabi, sesame oil dressing (s,f,c,mo,s,n)	
With lemongrass chicken	£22
With tiger prawns	£24
With lemongrass chicken & tiger prawns	£28
<b>SEASONAL CRUDITIES</b>	£24
Taramasalata, potato crisps (ce, g, f, d)	
<b>CAESAR SALAD</b>	£25
Anchovies, parmesan, croutons	
With chicken	£27
With prawns (e,f,sd,m)	£29
<b>BLACK RICE SALAD</b>	£10 / £16
Black risotto rice, char-grilled tenderstem broccoli, feta cheese, pomegranate seeds, beetroot dressing (d)	
<b>BURRATA</b> 	£25
Marinated tomatoes, basil, grilled baguette (g,d)	
<b>STARTER SELECTION FOR ONE OR TWO</b>	£15 / £30
Grilled halloumi, tzatziki, chickpea hummus, falafel, baba ghanoush served with cucumber, carrot, celery and cherry tomatoes (d,g,s)	

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MAIN COURSES

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<b>LINE-CAUGHT SEA BASS</b>	£45
Creamed potatoes, glazed wild mushrooms, red wine sauce (d,f)	
<b>WHITE PIZZA</b>	£30
Burrata, King Peter ham, pistachio, rocket (g,d,n)	
<b>TOASTED CHICKEN WRAP</b>	£20
Pitta bread with peppers, onion, mint, coriander, chicken breast and lemon dressing served with mixed salad (e,g)	
<b>ROAST HEREFORD BEEF FILLET</b>	£60
Spinach stuffed portobello mushroom, peppercorn sauce (g,d,sd)	
<b>CHICKEN BREAST</b>	£28
Steamed seasonal vegetables, lemon dressing (d)	

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SIDE DISHES

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Charred Tenderstem Broccoli £8 | French Fries £8 | Truffled French Fries £12 | Sweet Potato Fries £8 | Sautéed Spinach £8

(V) vegan  vegetarian (g) gluten (n) nuts (f) fish (d) dairy (m) mustard (s) sesame (c) crustacean (mo) molluscs (so) soya (e) egg (sd) sulphur dioxide

Should you have any dietary or allergen requirements, please do inform our team. All prices are inclusive of VAT. A discretionary service charge of 15% will be added to the bill.



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SWEETS

VANILLA AND WHITE CHOCOLATE CHEESECAKE £16  
With cinnamon and plum compote (*d,n,f*)

MATCHA PUDDING (V) £16  
With mango and passion fruit compote (n)

CHOCOLATE BROWNIE £16  
With hazelnut mousse and chocolate crèmeux (*e,f,d,n,so*)

SELECTION OF CHEESES £28  
With pickled pears and figs, honey & crackers (*g,d,n*)

TEA £7

THE LANESBOROUGH CLUB & SPA SIGNATURE TEA  
Turmeric root, apples pieces, liquorice, rosehip, lemon verbena, black peppercorns, peppermint

BLACK

Lanesborough Breakfast - *Fragrant, dates, robust*  
Earl Grey Supreme - *Elegant, citrus, bergamot*  
Assam Dejoo - *Bold, smooth, slightly malty, roasted*

HERBAL TEAS

Beautiful Skin - *Elderflower, sweet, herbal, detoxifying*  
Aching Muscles - *Refreshing, ideal for aching or strained muscles*  
Healthy Immunity - *Rooibos, great immunity booster, vitamin C*  
Toxin Killer - *Wellness blend, detoxifying agents*

GREEN

Japanese Sencha Organic - *Vegetal, grassy, pine nuts, traditional*  
Moroccan Mint - *Refreshing, spicy, earthy, faintly smoky*

ORGANIC GREEN MATCHA

SPARKLING

GIBSON'S GOODOLOGY £8

Pure Love - *Shiso tea and blueberry*  
Pure Harmony - *Jasmine tea and rhubarb*  
Pure Joy - *Green tea and passion fruit*

NOUGHTY, THOMSON & SCOTT £10  
Organic alcohol free wine

COFFEE & CHOCOLATE

ANY COFFEE £7

DOUBLE ESPRESSO £7

BULLET COFFEE £7

PROFY (*protein shake with double espresso*) £9

ICED TEA / ICED COFFEE £7

VALRHONA HOT CHOCOLATE £8

JUICES & SMOOTHIES £7.50

GREEN BOOSTER

Spinach, kale green apple, lime, cucumber, mint

PINK ROYAL

Banana, raspberry, cherry, rice milk, honey

IMMUNITY

Apple juice, banana, kiwi, strawberry, honey

EARLY RISER MORNING WORKOUT

Beetroot, orange, lemon, carrot

HEALTHY SHOTS

TURMERIC £5

Anti-inflammatory, relieves pain, aids digestion, improves liver function

GINGER £5

Regulates sugar levels, cold and flu relief, pain reduction

TURMERIC & GINGER £7

CHAMPAGNE & WINES

CHAMPAGNE *Glass 125ml | Bottle*  
Moët & Chandon, Brut Impérial NV £19 | £115

WHITE  
Marques de Arviza "La Mission", 2021 £10 | £52  
Cloudy Bay, Sauvignon Blanc, 2022 £15 | £80

ROSÉ  
Whispering Angel, Château d'Esclans, 2021 £14 | £72

RED  
Malbec, Terrazes de los Andes, 2019 £10 | £52  
Bourgogne "Le Renard", Devillard, 2019 £14 | £72

PROTEIN SHAKES £7.50 (V)

THE DAILY SUPERFOOD SHAKE

Vanilla - *Almond milk, banana, cashew butter*  
Mixed Berry - *Coconut water, mixed berries*  
Chocolate - *Coconut milk, avocado, dates*

ADD ONS £2 EACH

Nuts, oat, frozen berries, dates, banana, avocado

*Full of essential amino acids, vitamins, minerals, antioxidants and alkalisng properties that serve as a platform for daily well-being and vitality. Containing a blend of super-fit greens of spirulina, alfalfa and maca.*