



THE LANESBOROUGH
Club & Spa
LONDON

SPA RESTAURANT DINNER MENU

Service times: 6pm – 8.30pm

JUICES & SMOOTHIES

Green Booster 131kcal £7.50
*Spinach, kale green apple,
lime, cucumber & mint*

Pink Royal 190kcal £7.50
*Banana, raspberry, cherry,
rice milk & honey*

Immunity 202kcal £7.50
*Apple juice, banana, kiwi,
strawberry & honey*

Early Riser Morning Workout .. £7.50
Beetroot, orange, lemon & carrot 171kcal

HEALTHY SHOTS

Turmeric 40kcal £5
*Anti-inflammatory, relieves pain,
aids digestion, improves liver function*

Ginger 47kcal £5
*Regulates sugar levels, cold
and flu relief, pain reduction*

Turmeric & Ginger 43kcal £7

PROTEIN SHAKES 🌱

All at £7.50

The Daily Superfood Shake*

*Vanilla – almond milk, banana, cashew butter 319kcal
Mixed berry – coconut water, mixed berries 246kcal
Chocolate – coconut milk, avocado, dates 280kcal*

Add on for £2

*Nuts 158kcal Avocado 120kcal Frozen berries 42kcal
Dates 100kcal Oat 97kcal Banana 61kcal*

**Full of essential amino acids, vitamins, minerals, antioxidants and alkalising
properties that serve as a platform for daily well-being and vitality.
Containing a blend of super-fit greens of spirulina, alfalfa and maca.*

Allergen abbreviations

*Peanuts | Nuts | Crustaceans | Molluscs | Fish | Egg | Dairy
Gluten | Soya | Sesame seeds | Celery | Mustard | Lupin | Sulphur Dioxide*

🌿 Vegetarian 🌱 Vegan

*Should you have any dietary or allergen requirements, please do inform our team.
All prices are inclusive of VAT. A discretionary service charge of 15% will be added to your bill.*

STARTERS & SALADS

Mezze platter ✨ 787kcal / 1460kcal £15 / for 2, £30

*Grilled halloumi, tzatziki, falafel, hummus, crudités,
pickles, baba ganoush Se D G*

Chargrilled flatbread 347kcal £25

Smoked ricotta, dressed heirloom tomatoes, aubergine and pepper G D

Sauteéd king prawn & papaya salad 364kcal / 546kcal £18 / £25

Red onion, mango, apple, lime, lemon, coriander and mint Cr

Asian vegetable salad 886kcal

Chilli, broccoli, cashew nut, wasabi and sesame seed dressing Se F Cr Mo So N

~ with lemongrass chicken £22

~ with tiger prawns £24

~ with prawns and chicken £28

Seasonal crudities 609kcal £24

Taramasalata, potato crisps Ce G F D

Caesar salad 679kcal £25

Anchovies, parmesan, sourdough croutons G E F D Mu

~ with chicken £27

~ with prawns E F Sd Mo £29

Var salmon poké bowl 1,014kcal £18

Sashimi salmon, avocado, buckwheat, edamame, sesame seeds G F Se So

MAIN COURSES

Line-caught sea bass 769kcal.....£45
Creamed potatoes, glazed wild mushrooms, red wine sauce D F

White pizza 887kcal.....£30
Burrata, King Peter ham, pistachio, rocket G D N

Toasted chicken wrap 946kcal.....£20
*Pitta bread with peppers, onion, mint, coriander,
chicken breast and lemon dressing served with mixed salad E G*

Roast Hereford beef fillet 884kcal.....£60
Spinach stuffed portobello mushroom, peppercorn sauce G D Sd

Corn fed chicken breast 523kcal.....£30
Tenderstem broccoli, smoked almond, lemon N

Linguine 🌱 364kcal.....£27
Gluten free spaghetti, garlic, spring onion, red chilli and basil L

Sides

Charred tenderstem broccoli 67kcal.....£8
French fries 668kcal.....£8
Truffled french fries 698kcal.....£12
Sweet potato fries 740kcal.....£8
Sautéed spinach 82kcal.....£8

SWEETS

Carrot cake ✨ 455kcal	£10
<i>Chantilly cream, spiced sugar N D</i>	
Coconut chia pudding 🍌 328kcal	£10
<i>Fresh mango and lime</i>	
Chocolate brownie 🍫 599kcal	£10
<i>Gluten free brownie, strawberry coulis N</i>	
American pancakes 335kcal	£16
<i>Maple syrup, blueberries E N</i>	
<i>~ with protein powder</i> 451kcal	£19
Fresh fruit salad 🍏 407kcal	£14

COFFEE & CHOCOLATE

Coffee of your choice 5kcal – 132kcal	£8
Bullet Coffee 112kcal	£8
Profy (<i>protein shake with double espresso</i>)	£9
Ice Tea / Iced Coffee 20kcal / 82kcal	£8
Valhrona Hot Chocolate 124kcal	£8

TEA £8

The Lanesborough Club & Spa Signature Tea

Turmeric root, apples pieces, liquorice, rosehip, lemon verbena, black peppercorns, peppermint

Black

Lanesborough Breakfast: fragrant, dates, robust

Earl Grey Supreme: elegant, citrus, bergamot

Assam Dejoo: bold, smooth, slightly malty, roasted

Green

Japanese Sencha Organic: vegetal, grassy, pine nuts, traditional

Moroccan Mint: refreshing, spicy, earthy, faintly smoky

Organic Green Matcha

Herbal Teas

Beautiful Skin: elderflower, sweet, herbal, detoxifying

Aching Muscles: refreshing, ideal for aching or strained muscles

Healthy Immunity: rooibos, great immunity booster, vitamin C

Toxin Killer: wellness blend, detoxifying agents

CHAMPAGNE & WINES

Champagne

125ml glass / bottle

Moët & Chandon Brut Impérial NV £20 £115

White

Marques de Arviza 'La Mission', 2021 £10 £52

Sauvignon Blanc, Cloudy Bay, 2022 £14 £80

Rosé

Whispering Angel, Château d'Esclans, 2021 £14 £72

Red

Malbec, Terrazes de los Andes, 2019 £10 £52

Bourgogne 'Le Reillard', Devillard, 2019 £14 £72

Sparkling Alcohol Free

Noughty, Thompson & Scott £10

Organic alcohol free wine

OETKER COLLECTION

Masterpiece Hotels

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www.lanesboroughclubandspa.com