



THE LANESBOROUGH
Club & Spa
LONDON



THE
LUXURY AESTHETICS
GROUP



HANNAH
— LONDON —
Healthcare & Aesthetics

Introduction

The demand for curated aesthetic treatments continues to grow, and we help define and deliver a programme of extensive treatments with exceptional attention and care, designing and implementing a tailor-made and unique programme focusing exclusively on premier aesthetics treatments.

Holistic and Balanced

We believe that beauty without question begins within as such, our approach is holistic and always focuses on and connects the mind, body, and soul. Our treatments and services are minimally invasive but deliver unparalleled results and focus on our clients' overall health, well-being, and goals.

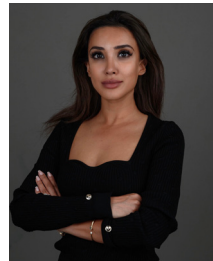
Detail Driven

Our team reflects our meticulous and detail-orientated approach, always immaculate and consistently delivering the highest standards throughout the process from consultation, treatment and post-treatment care.

Shireen Forster Founder & CEO

Shireen Forster's passion for skincare is matched by her conviction that natural results are the paramount offerings she can present to her patients. Over the years, she has cultivated a network comprising the finest providers of aesthetic machinery and leading-edge doctors who consistently introduce the latest technologies and products. As a first-hand recipient of emerging trends, Shireen ensures that the Luxury Aesthetics Group remains at the vanguard, guaranteeing that clients receive the most advanced and effective treatments for their needs.

After establishing two upscale clinics in London, Shireen recognized that her role in the aesthetics industry should pivot towards ensuring the delivery of bespoke treatments and meticulously executed and continuously aligned with the newest innovations. Consequently, she has ventured into crafting exclusive aesthetic experiences within luxury spaces, offering these distinguished brands custom-tailored treatments designed to complement and enhance their existing clientele's experience.



Dr. Kaywaan Khan Advanced Aesthetics

Dr. Kaywaan Khan distinguishes himself as a graduate of Imperial College London, where he earned his Bachelor of Medicine, Bachelor of Surgery - MBBS with distinction. In addition to his prestigious medical degree, he boasts a first-class Bachelor's degree in Pharmacology. His commitment to excellence in the field of aesthetic medicine is further underscored by his role as a senior trainer at Derma Medica, the UK's premier Aesthetic Training Provider.

Beyond his academic accolades, Dr. Khan has a storied career with the NHS, where he has applied his medical expertise with dedication. Concurrently, he practices aesthetic medicine, staying at the forefront of his field. His contributions to medical research have not gone unnoticed, with his work being showcased at international conferences and featured in esteemed peer-reviewed journals.

Dr. Khan has a keen interest in leveraging aesthetic treatments to forestall the signs of ageing. His approach is thoroughly holistic, integrating injectable treatments with evidence-based skincare regimens to deliver unparalleled results. Dr. Khan's philosophy is rooted in the belief that preventive care and targeted aesthetic interventions can work in concert to preserve and enhance natural beauty.



Botox

Administered by our experienced medical clinicians, Botulinum Toxin also known as (Botox/Azzalure/Dysport) is a remarkable substance that can transform skin, diminish wrinkles, treat muscular conditions, and even banish excessive sweating. With so many potential uses and an incredible safety record, Botox is one of the most commonly used medications in the world.

Facial Ageing

These are the areas most often treated to address lines/wrinkles and improve skin quality of the face. As muscle areas of the face work synergistically, you may be advised to treat more than one area to deliver the best outcome.

- Crow's feet lines (around the eyes)
- Frown lines (between the brows)
- Forehead lines (upper forehead)
- Bunny lines (upper nose/inner corner of eye)
- Brow lift (tail of the brow lift)
- Dimpled/pebbled chin (lower chin skin smoothening)
- Gummy smile
- Nostril narrowing (nostrils)
- Downturned corners of the mouth (angle of mouth)
- Smokers lines (around lips)

	Cost
Consultation with Dr. Kaywaan	£200.00
1 Areas	£340.00
2 Areas	£420.00
3 Areas	£480.00
4 Areas	£525.00
5 Areas or more	£600.00

Lower Face & Neck Sculpting

Neck Lift £450

Treating platysmal neck bands, tightening lower jaw, neck.

Masseter Botox £450

Jaw-slimming, TMJ dysfunction, teeth grinding.

Body Sculpting

Shoulder/Cervical/Trap £730

*Contour neck and collar bone
Reduce neck and upper back tension.*

Calf Shaping/Slimming £900

Also used to treat cramping.

Additional Uses

Blushing Botox £525

To treat and reduce facial flushing, redness, rosacea.

Hair Loss Prevention Botox £525

Male-pattern baldness.

Migraine Botox £500

Bells Palsy/Synkinesis £600

Hyperhidrosis

With up to 90% reduction in sweating that may last over 3 months, this is one of the safest and most effective ways of managing excessive sweating.

Upper face £450

Upper lip £300

Scalp £600

Underarms £650

Hands £700

Feet £700

Groin £700

Inner thigh, groin, jock itch

Dermal Fillers

Using only the highest quality products and the latest technology, our hyaluronic acid based dermal fillers are used to volumise, lift, contour and enhance with long-lasting results.

<i>Combination Package</i>	<i>Cost</i>
Midface Restoration <i>Up to 3ml</i>	£1000.00
Lower Face Restoration <i>Up to 3ml</i>	£1000.00
Profile Balancing/Beautification <i>Up to 5ml</i>	£1,350.00
Facial & Structural Rejuvenation <i>Up to 10ml</i>	£1,800.00

<i>Most Popular</i>	<i>Cost</i>
Lip Enhancement <i>Up to 1ml</i>	£500.00
Non-Surgical Nose Job <i>Up to 1ml</i>	£625.00
Cheeks Lift and Contour <i>Up to 2ml</i>	£700.00
Nasolabial Folds <i>Smile Lines, up to 1.2ml</i>	£600.00
Tear-Trough <i>Subtle enhancement, up to 1ml</i>	£600.00
Scarring and Acne Scar <i>Improvement</i>	£640.00

Other Applications

Hyaluronic acid fillers have a remarkable safety record, offering both hydration and anti-ageing results. Our filler treatments are tailored to individual needs and pricing may vary depending on specific cases.

<i>Upper Face</i>	<i>Cost</i>
Forehead Contouring <i>Up to 2ml</i>	£800.00
Forehead Lines <i>Up to 1ml</i>	£600.00
Temples <i>Up to 1-2ml</i>	£600.00
Brow Lifting <i>Up to 1ml</i>	£500.00
Upper Eyelid <i>Up to 1ml</i>	£650.00

<i>Mid-Face</i>	<i>Cost</i>
Tear Trough Subtle Enhancement <i>Up to 1ml</i>	£450.00
Tear Trough Full Optimisation <i>Under-eye with tear trough, 2 sessions required, up to 2ml</i>	£700.00
Cheeks Lift <i>Up to 1.2ml</i>	£600.00
Cheeks Lift and Contour <i>Up to 2ml</i>	£700.00
Non-Surgical Nose Job	£625.00

<i>Lower Face</i>	<i>Cost</i>
Lip Enhancement <i>1ml</i>	£500.00
Marionette Lines <i>3-4ml</i>	£550.00
Chin <i>Up to 1.2ml</i>	£600.00
Jowls <i>Up to 1ml</i>	£600.00
Jawline <i>1-2ml</i>	£700.00

Skin Boosters

Also considered as injectable moisturisers, boosters capitalise on the hydrating, anti-ageing and regenerative properties of its actives, formulated to tighten, brighten and plump.

Profilo £545

1 session - 2ml

Advisable to book two sessions 4 weeks apart.

Profilo is administered using BAP technique and can be adjusted as per individual needs. We offer treatment of the face, neck, hands.

Profilo Body £700

1 session - 3ml

Two sessions 4 weeks apart (preferable as treatment comes with recommended aftercare products).

Treatment options: chest, abdomen, arms, knees.

Jalupro Super Hydro Face Lift £600

Using ligament structuring and hydration to offer lift and support.

Redensity 1 Skin Brightening £600

Formulated with peptides, vitamins and glutathione to replenish, hydrate and brighten.

Nucleofill Full Face £1,050

Using the power of regenerative nucleotides to prevent wrinkling and reverse ageing of the periorcular area.

Light Eyes Ultra £500

Tackle dark circles with this eye brightening cocktail containing hyaluronate and vitamin C.

Nucleofill Eyes £500

Using the power of regenerative nucleotides to prevent wrinkling and reverse ageing of the periorcular area.

Low crosslinked stabilised HA offers a longer lasting boost.

Each of the following products can be used in various aspects of face and body.

- *Juvederm Volite 1ml*
- *Teoxane RHA1 1ml*
- *Restylane skin booster vital*

Speak to your clinician about how these may be used for you.

Bio Stimulators

Biostimulators are another form of skin boosters that promote long-lasting collagen production which strengthen, tighten and resurface skin. These products use strong collagen stimulators such as PLLA, PCL or Calcium Hydroxyapatite, to provide a scaffold for our fibroblasts to produce further collagen lasting over 1 year.

<i>Full Face Lifting and Volume Restoration</i>	<i>Cost</i>
<i>Sculptra Up to 2ml</i>	<i>£850.00 - £2150.00</i>
<i>Forehead Lines Up to 1ml</i>	<i>£850.00 - £2150.00</i>
<i>RichPL 1-2ml</i>	<i>£850.00 - £2150.00</i>
<i>Ellanse Up to 1ml</i>	<i>£600.00</i>
<i>Gouri Up to 1ml</i>	<i>£500.00</i>
<i>Radiesse 1.5ml</i>	<i>£620.00</i>

Biostimulators may also be used on body areas. For further information discuss with our clinicians.

Body Injectables

Advancements in medical injectables have revolutionised body enhancements, allowing precise shaping, volumising and smoothening of body contours with minimal downtime compared to surgical procedures.

	<i>Cost</i>
<i>Buttock Lifting and Volumisation</i>	<i>100ml £3,150.00</i>
<i>Hyaluronic acid filler (Non-Surgical BBL)</i>	<i>200ml £4,350.00</i>
<i>Buttock/Upper Thigh Rejuvenation</i>	<i>40ml £2,150.00</i>
<i>Biostimulators to smoothen, plump and lift. PLLA (Sculptra, Lanluma, RICH PL).</i>	<i>80ml £2,650.00</i>
<i>Cellulite Prices depend on area, size, products required.</i>	<i>£1,350.00</i>
<i>Decolletage (Chest) Rejuvenation Prices depend on area, size, products required.</i>	<i>£700.00</i>
<i>Abdominal Skin Rejuvenation Prices depend on area, size, products required.</i>	<i>£950.00</i>
<i>Upper Arm Skin Rejuvenation Prices depend on area, size, products required.</i>	<i>£1,250.00</i>
<i>Hands (Or Feet) Skin Rejuvenation Prices depend on area, size, products required.</i>	<i>£800.00</i>
<i>Calf Shaping and Volumisation Prices depend on area, size, products required.</i>	<i>£2,650.00</i>

Fat Reduction & Body Toning

Weight Loss £350 per Month

Ozempic, Wegovy, Mounjaro, Trulicity Medical approach to weight loss and fat reduction involves using innovative techniques - a consultation is required to discuss how Ozempic, Wegovy or Mounjaro can help you to reduce weight. Patients can experience a 5-10kg weight loss in 3 months.

Fat Dissolving Injections £400

Aqualyx, LipoLab and Lemon Bottle, 8-10ml Intralipotherapy injections are biocompatible and biodegradable, causing the dissolution of fat cells, after which the body then expels the released fatty acids naturally through the lymphatic system.

Evolve Body Toning System £1050

Evolve Tone is a non-surgical solution designed specifically to increase muscle strength, which enhances the shape and tone of your body. It works by emitting electrical muscle stimulation (EMS) to stimulate involuntary muscle contractions.

Platelet Rich Plasma Regenerative Medicine

A concentrate of platelet-rich plasma protein is removed and separated from your own blood to promote healing in a variety of conditions. From hair loss, to joint healing, PRP is the latest holistic innovation.

Under Eye Rejuvenation £450

Hair Restoration/ Scalp Rejuvenation £550

PRP for Hair Loss

Single: £550

Course of 3: £1,100

PRP, platelet rich plasma, therapy for hair loss is a three-step medical treatment in which a person's blood is drawn, processed, and then the separated growth factors injected into the scalp.

PRP treatment can tackle both male and female pattern baldness and alopecia as it encourages the growth of existing hair follicles, making your hair appear fuller and healthier without resorting to surgery. It is therefore the most natural way to stimulate hair growth.

PRP Microneedling Facial £600

Joint Injections £400

Mesotherapy for Hair Loss

Single: £350

Course of 6: £1,050

Mesotherapy for hair loss is a minimally invasive scalp treatment that promotes hair regrowth while solving your hair concerns. The hair mesotherapy technique delivers the right amount of hair nutrients to the exact place where it is needed so that the hair follicle can grow and survive, and also neutralise the DHT (Dihydrotestosterone).

The hair loss solution contains a combination of different vitamins, minerals, nucleic acids and amino acids. When this nutrient-rich cocktail is injected into the scalp, the supply of nutrients is received directly to the hair follicle. In addition to promoting effective blood circulation, this type of therapy provides nourishing nutrients to the hair follicles, leading to hair regrowth.

IV Drips

Experience Enhanced Mental and Physical Health with NAD+ £600

Where we offer cutting-edge NAD+ IV therapy to enhance your overall well-being. Our treatments target multiple aspects of mental and physical health, including energy levels, concentration, and healthy aging. Replenish your body with this vital coenzyme and experience a renewed sense of balance and optimal function.

What is NAD+ therapy, and how can it benefit you? Nicotinamide adenine dinucleotide (NAD+) is a crucial coenzyme found in all living cells in the human body. It plays a vital role in energy metabolism, DNA repair, and cellular function. As we age, NAD+ levels naturally decline, leading to a range of age-related health issues, metabolic imbalances, and chronic illnesses.

Some of the potential benefits of NAD treatment include:

- * Improved cognitive function and memory*
- * Healthy aging support*
- * Enhanced energy levels*
- * Healthy weight management*
- * Improved cardiovascular health*
- * Glowing, healthy skin*
- * Liver detoxification support*

Advanced Aesthetics Treatment Menu

A carefully curated set of treatments designed exclusively for The Lanesborough by The Luxury Aesthetics Group. Performed by our team of therapists.

<i>Treatment</i>	<i>Cost</i>	<i>Duration</i>
Signature HydraFacial	£275.00	60 minutes
SW1 24 Carat Gold HydraFacial	£475.00	90 minutes
Microneedling with Dermapen (face and neck)	£450.00	60 minutes
Advanced Hair re growth with Microneedling	£450.00	60 minutes
Skin Rejuvenation Peel	£190.00	60 minutes
No - Needle Facelift	£275.00	60 minutes
Fat Dissolving Treatment	£350.00	per area
The EMS & RF Body Remodelling with Evolve X	£650.00	60 minutes
Morpheus Face and Neck	£1000.00	90 minutes
Profilo Super Skin booster	£550.00	60 minutes

Please see overleaf for further treatment details.

Signature HydraFacial

This internationally renowned skin treatment utilises a unique, patented pain free Vortex Fusion delivery system that will detox, cleanse, exfoliate, brighten, extract, hydrate and rejuvenate your skin. In consultation with our expert therapists and targeting your specific skin concerns we deliver a 6 step process utilizing super serums filled with antioxidants, peptides, and hyaluronic acid that will give you a radiance and glow that no other skin rejuvenating system can deliver.

Enjoy the Club and Spa before and after your treatment.

SW1 24 Carat Gold HydraFacial

Enjoy The Lanesborough's very own bespoke HydraFacial treatment, incorporating the signature 6 step process with LED light therapy, EMS technology and a 24 Carat Gold mask to deliver London's most curated and effective HydraFacial experience. Following the signature steps LED light therapy is administered to target and reduce the visible signs of ageing and wrinkles. We then use Electro Muscular Stimulation (EMS) to firm, contour and lift your face delivering what many consider to be the most effective non-surgical face lift. The final step in the process is the luxury liquid 24 Carat Gold mask which has been shown to uniquely reduce inflammation and decrease cell degradation to ensure your skin has never looked or felt better. London's most luxurious HydraFacial designed exclusively for The Lanesborough by The Luxury Aesthetics Group.

Enjoy the Club and Spa before and after your treatment.

Microneedling with Dermapen (face and neck)

Utilising the world's most advanced microneedling technology to target the face and neck, this popular alternative to cosmetic surgery which provides the ultimate in skin tightening, lifting and firming. Whilst stimulating collagen and elastin to repair ageing cells we deliver a carefully designed mineral complex designed to simultaneously nourish, hydrate and protect the skin. This is an excellent restorative procedure designed to give complexions a boost of vitality and provide that elusive glow with longer lasting results, helping with scarring, sagging skin and wrinkle depth. All treatments begin with an extensive consultation with our expert coordinator to tailor the treatment to your personal needs.

Enjoy the Club and Spa before your treatment.

Advanced Hair Regrowth with Microneedling

A completely new and revolutionary hair loss reversal procedure utilising micro dermapen injections to deliver a customised mineral complex directly into the scalp. This results in increased blood circulation that enhances and stimulates hair follicles. The procedure has long-lasting neutralising effects on the hormone DHT, giving hair a greater chance to regrow and flourish. The results are improved quality, thickness, strength and volume of hair. All treatments begin with an extensive consultation with our expert coordinator to tailor the treatment to your personal needs.

Enjoy the Club and Spa before your treatment.

Skin Rejuvenation Peel

The Mesopeel is the most advanced range of professional skin peels available, based on medical-grade acids such as AHAs and BHAs. Given the bespoke nature of the peel chosen it enables the specific targeting of various skin concerns, conditions and imperfections. No two clients are the same no two skin peels should be either. This customisable treatment can be effective in treating ageing, acne, hyperpigmentation and for maintaining skin health.

Enjoy the Club and Spa before your treatment.

No – Needle facelift

This anti-ageing & tension-releasing facial is designed to sculpt and enhance the features while brightening the complexion. Hand-selected tools and techniques have been combined to leave you feeling rejuvenated and radiant. The combination of warm and cold boost circulation, reduce puffiness and detoxify.

One of the stars of this treatment is the jaw massage which can improve circulation, decrease puffiness, and stimulate tissue repair. By removing excess fluid that settles in the soft tissue, the natural bone structure of the face is highlighted, including the cheekbones.

Enjoy the Club and Spa before your treatment.

Fat Dissolving Treatment

The new revolutionary technique that can dissolve local fat. It reduces unflattering and stubborn areas of cellulite and fat without the need for liposuction or surgery. It works by hydrolysing the fat cell's wall, making it release its lipid content. It can be used almost anywhere in the body. 3-5 sessions are required depending on the volume of the fat deposit. The experts at The Luxury Aesthetics Group use Lipo Lab PPC, a direct lipolytic for the

body aimed at getting rid of fatty deposits. Lipo Lab solution offers many benefits towards weight loss by reducing the storage of fat and increasing metabolism & energy levels. This is a completely safe treatment no anaesthetic is required, and most importantly very little downtime.

Enjoy the Club and Spa before your treatment.

EMS & RF Body Remodelling with Evolve X

Evolve X is the innovative hands-free Body sculpting and muscle toning technology. It is the ultimate handsfree platform for a complete body transformation, taking body contouring to the next level. It is a non-invasive treatment to re model skin, treat fat, sculpt abdomens and lift buttocks and tone hips. Evolve X is the only all-in-one system equipped with three clinically proven technologies. Tite-Auto-temperature Controlled Bipolar RF for skin tightening and circumferential reduction tone – Continuous Muscle Activation (CMA) for complete muscle toning Transform-Auto-Temperature Controlled High Voltage Bi-Polar RF + CMA for a combination of fat killing and skin tightening. Six sessions per area are recommended two weeks apart. Enjoy the Club and Spa before your treatment.

Morpheus8 – Face and Neck

Morpheus8 combines Radiofrequency (RF) energy and micro-needling to help reshape and contour your skin, creating a smoother and more evenly balanced complexion. Small needles puncture the skin, and RF energy is simultaneously delivered, creating micro-abrasions that stimulate the body's natural healing response, promoting new collagen and elastin to produce firmer skin. Considered the ultimate non-surgical facelift. This revolutionary treatment helps to reduce the appearance of fine lines and wrinkles. It helps with a targeted approach to tighten the skin and lift. It triggers Collagen stimulation, which is anti-ageing and helps with scarring. Three sessions are recommended 4 to 6 weeks apart.

Enjoy the Club and Spa before your treatment.

Profilo Super Skin Booster

Bio-remodelling treatment is considered to be one of the most effective. It is an injectable treatment that uses high concentrations of naturally occurring HA to boost and hydrate the skin as well as improving skin laxity and overall texture and tone. Profilo is NOT a dermal filler. Profilo is also known as the under-skin moisturiser. Profilo treatment provides your skin with a highly effective 'boost' and hydration, with revolutionary technology working to bio-remodel any sagging or tissue suffering from ageing. This remodelling technology allows the Profilo to be performed as an injectable. It is a very safe treatment and is especially effective in lifting the lower area of the face. We highly recommend this treatment if you are looking to rejuvenate and hydrate your skin, especially for lifting the lower area of the face.

Enjoy the Club and Spa before your treatment.

OETKER COLLECTION

Masterpiece Hotels

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